

## YELLOW TAG CHECKOUT

| Sailor's Name                  | (Print) Age   |
|--------------------------------|---|
| Parent's Nam<br>(Sailor must s | Blue Tag / Red Tag (circle) e (Print) Parent's KSC Certification Level atisfactorily complete all of the following)   |
| Ashore Know                    | <u>vledge</u>   |
|                                | <ul> <li>Aware of restrictions on Yellow Tag</li> <li>May only sail Laser or Byte</li> <li>Must have parental supervision</li> <li>Restricted to winds less than 10knots (18.5 km/h) for 12 to 15 year-olds</li> <li>Restricted to winds less than 15knots (28.0 km/h) for 16 to 17 year-olds</li> <li>May not take anyone other than KSC member with Blue/Red Tag out for a sail</li> <li>KSC Instructor or a KSC director may refuse permission due to prevailing conditions</li> <li>Aware of suitable sailing clothing/equipment for various conditions</li> <li>Aware of danger, signs and treatments of hypothermia and heat stroke</li> <li>Aware of navigational hazards in the KSC sailing area</li> <li>Aware of how to sign out a boat</li> <li>Aware of how to report repair requirements for a boat</li> <li>Able to tie a figure eight knot, reef knot and bowline</li> </ul> |
| Afloat Skills                  | Properly rig a Laser given existing conditions on the day (Parent may assist)   |



- Secure boat cover and foil bag
- Position boat head to wind
- Unroll sail and insert battens
- Raise mast and insert in mast step
- Insert boom into gooseneck
- Clip hook block of outhaul into clew; tie clew downhaul around hoom
- Run blue outhaul line thru port block at base of mast then thru cleat
- Run yellow Cunningham line thru starboard block at base of mast then thru cleat
- Straighten vang line and attach to boom
- Adjust outhaul, Cunningham and vang
- Run mainsheet from block on boom down to traveler puller, towards stern, back to boom, forward and down to main block; stopper knot
- Attach rudder in up position
- Attach tiller (over top of front of traveler and under rear part of traveller secure with pin
- Check both plugs in
- Load daggerboard into boat and launch
- Install daggerboard when safe to do so

Describe how rigging would be different if conditions were different (ie difference between rigging with onshore or offshore or beam wind) Safely sail away from the beach area

Sail basic triangle course demonstrating

- Proper sail trim as course/wind changes
- Proper boat trim

(to be performed without coaching in winds of at least 7knots)

Demonstrate proper technique to tack without coaching

- Helm to leeward smoothly
- Step into bottom of boat, rear leg first
- Pass mainsheet behind back as crossing the boat
- Grasp main and tiller in one hand
- Pivot on rear foot, facing forward
- Regrasp main sheet and tiller
- Tiller straightened (no "S" tack)

Demonstrate proper technique to gybe without coaching

- Steps similar to tacking plus
- C/b raised to reduce broach ahead of gybe



- Boom pulled all the way in ahead of gybe
- Tiller straightened as boom comes across the boat
- Mainsheet given snap as boom comes across to avoid catching stern
- Mainsheet allowed to run free as boom comes across to minimize roll

|                   | Get out of irons Pick up a "man overboard" (float may be Right a capsized Laser without outside as  - Jump clear of boat or get quickly onto  - Check free of lines  - Swims to c/b to prevent turtling (if no Rights boat (no bouncing on c/b)  - Re-enter boat from windward side us  - Open cockpit drain | sistance c/b (no hanging on high side) ot already on c/b) |
|-------------------|--|---|
|                   | Safely return to shore Describe how to return to shore safely in an onshore wind (if not demonstrated on the day) De-rig and properly secure Laser; including folding sails (Parent may assist) Aware where to put wet sails to dry Properly rig a Laser  ompleted by:                                       |   |
| Name              |  | Date  |
| <b>Permission</b> | to issue Yellow Tag given by:  |   |
| Parent            |  | Date  |