

## BLUE TAG CHECKOUT

\_\_\_\_\_  
Sailor's Name (Print)

(Sailor must satisfactorily complete all of the following)

### Ashore Knowledge

- \_\_\_\_\_ Aware of suitable sailing clothing/equipment for various conditions
- \_\_\_\_\_ Aware of danger, signs and treatments of hypothermia and heat stroke
- \_\_\_\_\_ Aware of information sources for local weather
- \_\_\_\_\_ Aware of navigational hazards in the KSC sailing area
- \_\_\_\_\_ Aware of how to sign out a boat
- \_\_\_\_\_ Aware of how to report repair requirements for a boat
- \_\_\_\_\_ Able to tie a figure eight knot, reef knot and bowline

### Afloat Skills

- \_\_\_\_\_ Properly rig an Albacore given existing conditions on the day
  - Check plugs are in, transom flaps closed, c/b locked up
  - Check for paddle, bailer and whistle
  - Proper sails for boat; sailbag safely secured ashore
  - Rig the boat "bow to stern"
  - Tension the rig using the jib halyard
  - Jib sheets properly lead
  - Main led on the boom and outhaul properly tensioned
  - Mainsheet uncleated, vang released
  - Boat positioned head to wind before raising mainsail
  - Mainsail raised to the top of the mast
  - Halyards neatly coiled and stowed
  - Tension boom vang
  - Check for stopper knot in mainsheet
  - Rudder not affixed until boat is in the water
  
- \_\_\_\_\_ Describe how rigging would be different if conditions were different (ie difference between rigging with onshore or offshore or beam wind)
- \_\_\_\_\_ Safely sail away from the beach area
- \_\_\_\_\_ Sail basic triangle course as helmsman demonstrating
  - Proper sail trim as course/wind changes
  - Proper boat trim(to be performed without direction in winds 10-12 mph)

\_\_\_\_\_ As helmsman, demonstrate proper technique to tack

- Ready command given
- Tacking command given
- Helm to leeward smoothly
- Step into bottom of boat, rear leg first
- Pass mainsheet behind back as crossing the boat
- Grasp main and tiller in one hand
- Pivot on rear foot, facing forward
- Regrasp main sheet and tiller
- Tiller straightened (no "S" tack)
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\_\_\_\_\_ As helmsman, demonstrate proper technique to gybe

- Steps similar to tacking plus
- C/b raised to reduce pbroach ahead of gybe
- Boom pulled all the way in ahead of gybe
- Tiller straightened as boom comes across the boat
- Mainsheet allowed to run free as boom comes across to minimize roll

\_\_\_\_\_ Get out of irons

\_\_\_\_\_ Pick up a "man overboard" (float may be used as substitute)

\_\_\_\_\_ Right a capsized Albacore without outside assistance

- Jump clear of boat (no hanging on high side)
- Check free of lines
- Check crew is safe
- Skipper swims to c/b to prevent turtling
- Crew swims to forestay and pulls boat head to wind
- Skipper mounts c/b and, if possible, checks lines are not cleated
- Skipper rights boat (no bouncing on c/b); crew to assist if necessary
- Re-enter boat over stern; assist crew if necessary
- Open bailers and sail on reach to empty boat

\_\_\_\_\_ Safely return to shore

\_\_\_\_\_ Describe how to return to shore safely in an onshore wind (if not demonstrated on the day)

\_\_\_\_\_ De-rig and properly secure Albacore; including folding sails

\_\_\_\_\_ Aware where to put wet sails to dry

\_\_\_\_\_ Properly rig a Laser

- Secure boat cover and foil bag
- Position boat head to wind
- Unroll sail and insert battens
- Raise mast and insert in mast step
- Insert boom into gooseneck
- Clip hook block of outhaul into clew; tie clew downhaul around boom
- Run blue outhaul line thru port block at base of mast then thru cleat
- Run yellow cunningham line thru starbd block at base of mast then thru cleat
- Straighten vang line and attach to boom
- Adjust outhaul, Cunningham and vang
- Run mainsheet from block on boom down to traveler puller, towards stern, back to boom, forward and down to main block; stopper knot
- Attach rudder in up position
- Attach tiller (over top of front of traveler, under rear part of traveller secure with pin)
- Check both plugs in
- Load daggerboard into boat and launch
- Install daggerboard when safe to do so

Check out completed by:

\_\_\_\_\_ Name

\_\_\_\_\_ Date